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## 2022 Another Successful Year for GAHE

2022 was packed with activities for members as GAHE offered numerous educational and networking events and new programs, including our new Toastmasters club. At our Annual Meeting in November, GAHE President John Kueven, FACHE, highlighted our key accomplishments for the year. Below is a brief summary of our 2022 achievements:

- 234 new members (1,531 on roster)
- 16 members advanced to Fellow (13 previous year)
- 76 recertified Fellows (83 previous year)
- 8 in-person face-to-face (F2F) programs, 2 virtual F2F programs, and 3 F2F programs offered through community partners for a total of 19.5 F2F hours
- 19 webinars and Clubhouse programs and 1 in-person leadership program offering a total of 20 qualified hours
- Virtual Board of Governor's exam review course offering 18 qualified hours over 5 weeks
- 4 Community Partner Events with Georgia HIMSS, Health Connect South, UAB National Symposium, and Georgia HFMA Fall Institute offering a total of 34 qualified hours.
- 4 networking events, including a new joint event with Women in Healthcare at Truist Park
- Hosted our second GAHE Week in March
- The new Scholarship Subcommittee awarded 2 \$1,500 Congress scholarships and 3 \$2,500 academic scholarships
- Our mentorship program paired 84 GAHE members as mentors or mentees
- Virtual GAHE Toastmasters Club established with 24 members
- Continued financial stability

Thank you to our Board members and to all who serve on GAHE committees for their service to GAHE and ACHE. None of our successes would be possible without our volunteer leadership. See page 4 for a list of GAHE's 2023 Board.



## ACHE 2022 Distinguished Service Award Winners Recognized at Annual Business Meeting

ACHE's recognition program acknowledges contributions to healthcare management excellence through volunteer service to the chapter, ACHE and to the profession. At GAHE's annual business meeting in November, GAHE President John Kueven, FACHE, announced the following members as winners of the 2022 ACHE Distinguished Service Award:

- **Callie C. Andrews, FACHE**  
Senior VP & Hospital COO  
Wellstar Kennestone & Windy Hill Hospitals
- **Jeffrey S. Loomis, MHA, FACHE**  
VP/Clinical Operations  
Southeast Primary Care Partners, LLC
- **Pradeep S. B. Podila, PhD, FACHE**  
Health Scientist (Senior Service Fellow)  
Centers for Disease Control & Prevention (CDC)



*GAHE President John Kueven (left) presents the ACHE Distinguished Service Award to Pradeep Podila. Callie Andrews and Jeffrey Loomis were also recognized with the award.*

## GAHE's 2022 Academic Scholarship Winners Announced at Annual Business Meeting

The winners of GAHE's 2022 Academic Scholarship Awards were announced at the November lunch and learn. The Subcommittee, led by Chet Bhasin, FACHE, reviewed a number of scholarship applications this fall and selected three graduate students to receive academic scholarships in the amount of \$2,500 each.

The recipients of GAHE's 2022 Academic Scholarships are:

- **Kelly Bhodoo** -- Kelly is a graduate student in the Master of Health Administration (MHA) program at The University of Georgia. She graduated from Georgia Gwinnett College in 2020 with a B.B.A. with a concentration in Accounting.
- **Ariel Temperino** -- Ariel graduated Summa Cum Laude with a BSRS in 2019 and is currently enrolled at Franklin University to complete her MHA in March 2023. She is a Chief Radiologic Technologist at Wellstar Health System.
- **Carey Tyler** -- Carey is an alumna of the University of Georgia pursuing a master's degree in Health Admin-

istration with a certificate in disaster management. She has a bachelor's degree in Business Administration from the Terry College of Business.



*At GAHE's November lunch and learn, John Kueven recognized Carey Tyler (left) and Ariel Temperino (right) with GAHE's 2022 Academic Scholarship. Kelly Bhodoo was also recognized.*

## Upcoming Events

### January 19 F2F Lunch and Learn at Maggiano's Looks at "Successfully Leading Change in Healthcare Organizations"

[Join us](#) on January 19 at Maggiano's in Buckhead as our panel of experts looks at "Successfully Leading Change in Healthcare Organizations."

The healthcare environment is constantly changing, and provider organizations must adapt in order to survive and thrive. Organizations are frequently asked to respond to legislative changes, market fluctuations, safety concerns, and patient or staff demands. The success of major change implementation hinges on how it is communicated and how it impacts individuals and processes in the organization.

For change to truly be effective, a leader must know how to effectively communicate the benefits, minimize the barriers and describe the processes. Learn from your peers as they share approaches that were successful and those that impeded the change process.

#### Panelists Will Discuss:

- Assessing the need for an organizational change.
- Planning the change roll-out.
- Communicating the change processes and benefits.
- How to involve all stakeholders in the change.
- Candidly presenting the challenges the process will present to the organization and those it serves.
- Recognizing the signs that the change is being resisted or is not working.
- How to sustain change in the short term and in the long term.

[More Details](#) and [Registration](#)

#### Moderator:



[Matthew T. Enright, FACHE](#)  
Executive Director  
Piedmont Healthcare, Inc.

#### Panelists:



[Sanford G. Duke, MD, MBA](#)  
EVP Chief Clinical Officer  
Atrium Health Navicent



[Bonnie P. Matthews, RN, MSN](#)  
Principal Clinical Consultant,  
COR Clinical Operations Renewal LLC

## Calendar



#### Register for All GAHE Events at:

<https://gahe.org/events>

*Mark your calendar for F2F programs on the third Thursday of each month.*

*Also watch for announcements on new webinars and Clubhouse events.*

- [January 19, 11:30 AM to 2:00 PM ET](#) — In-Person Lunch and Learn at Maggiano's. The topic is Successfully Leading Change in Healthcare Organizations. 1.5 ACHE F2F hours. [Learn More](#) or [Register Now](#).
- **March 13-17** — GAHE Week. Details to be announced.
- [March 20-23](#) — ACHE 2023 Congress on Healthcare Leadership, Hyatt Regency Chicago. Registration is now open on ACHE's website. [Learn More](#)
- [GAHE's Toastmasters Club](#) meets every other Friday from noon to 1:00 PM. [Click here](#) for details.

## GAHE's 2023 Board of Directors

### OFFICERS

#### President

Angela Henry, FACHE  
Sector Leader, Hospital Systems and Academic  
Medicine – Professional Search  
Korn Ferry

#### Vice President

Jon-Paul Croom  
President & System Senior VP  
WellStar North Fulton Hospital

#### Secretary

Luis Fonseca, MHA, FACHE  
President/Hospitals & Clinics,  
Atrium Health Navicent

#### Treasurer

Sharon B. Oyekan  
Director of Human Resources  
Southside Medical Center

#### ACHE Regent Director

#### Immediate GAHE Past President and Senior Executives Committee Chair

John Kueven, MHA, RN, FACHE  
President Northeast Georgia Gainesville  
Northeast Georgia Health System

### BOARD MEMBERS AT LARGE

#### Board Member At Large and Communications Committee Chair

Sepi Browning, FACHE, FHIMSS, PMP  
President, Brighthouse HIT Consulting  
IT Director/Business Partner  
Piedmont Eastside

#### Board Member at Large and Membership Growth and Satisfaction Committee Chair

Mary Demian, MBA, BSHM  
Physician Leadership & Development Coordinator  
Northeast Georgia Healthcare System

#### Board Member at Large and Programs Committee Chair

Nicole Denham, MHA, RN  
Principal Clinical Consultant  
COR Consultants

#### Board Member At Large and Fellow Advancement Committee Chair

Jennifer Garber, FACHE, MBA, SPHR, SHRM-SCP  
Vice President of Human Resources  
Wellstar Health System

#### Board Member At Large and Diversity and Inclusion Committee Chair

Tammy Jackson  
Partner, Health & Technology Practice  
Odgers Berndtson

#### Board Member At Large and PEG (Physician Executive Group) Committee Chair

Boykin Robinson, MD, MBA, FACHE  
CEO  
Core Clinical Partners

#### Board Member At Large and Sponsorship Committee Chair

Brock Rohlfing  
Area Manager  
Vocera Communications

### SUBCOMMITTEE CHAIRS

#### Scholarship Subcommittee Chair

Chet Bhasin, FACHE  
Executive Director  
Georgia Board of Health Care Workforce

#### Career Development Subcommittee Chair

Graham M. Fox, FACHE  
COO and CFO  
GI Specialists of Georgia

#### Joint Programs Subcommittee Chair

Shawn McBride  
Commercial Banker  
First Citizens Bank

#### Transcendre Subcommittee Chair

Marion Spears Karr  
Managing Director  
Comhar Partners

### BOARD ADVISORS

#### Board Advisor

Callie C. Andrews, FACHE  
Senior VP & Hospital COO  
Wellstar Kennestone & Windy Hill Hospitals

#### Board Advisor

J. Larry Tyler, FACHE, FHFMA, CMPE  
Chairman & CEO  
Practical Governance Group



## GAHE Student Corner

*A section tailored for GAHE student associates, written by students.*

### LinkedIn Resources to Help Cope with Anxiety and Be More Mindful

by Carey Tyler

MHA Candidate, University of Georgia College of Public Health

Stress, anxiety, burnout, overwhelm, and disengagement are all connected to the function of your nervous system. Learning how to work at the level of your nervous system can help you bring your best self to the challenges you face on a daily basis.

In this LinkedIn course, "[Reduce Stress and Anxiety by Managing Your Nervous System](#)," somatic expert and coach Jay Fields teaches simple practices for regulating the autonomic nervous system, which unconsciously controls your mind and body's response to stress. While this course will not make the world a less stressful place, if you apply the lessons Jay imparts, you'll have a nervous system that is wired to help you meet challenges with more calmness and clarity.

#### Mindfulness Course

Mindfulness helps you be more effective in today's busy world. It reduces stress, increases focus, and improves your ability to deal with challenges, both at work and at home. With regular practice, mindfulness can change the course of your life.

In this course, "[Mindfulness Practices](#)," executive coach Henna Inam leads you in guided exercises that expand emotional intelligence, grow self-confidence, and build stronger relationships. With these practices, you can actually experience in-the-moment inspiration, learn how to deal with difficult people, manage change, and confront fears. Each lesson is tied to an accompanying practice, which will help you change the structure of your brain to respond better to stressors. Our world is changing rapidly. Evolve your mind to handle challenges with confidence.

Here are some additional articles and book for stress and anxiety management:

- [Vagus Nerve as Modulator of the Brain–Gut Axis in Psychiatric and Inflammatory Disorders](#)
- [Mindfulness at Work: How to Avoid Stress, Achieve More, and Enjoy Life!](#)

### Call for Webinar Proposals

Do you have an idea for a webinar or Clubhouse program that would be appropriate for educating GAHE's membership? If so, GAHE's Transcendre Subcommittee invites you to contribute to our [Call for Webinar Proposals](#).

The Subcommittee is planning webinars for 2023. To get things started, please complete our online [Webinar Submission Form](#) at least eight weeks in advance of your proposed webinar date.



## Fellows Recognition and New Members

Congratulations to these GAHE members who achieved their **Fellow of ACHE (FACHE)** credential since our last newsletter. Please take a moment to congratulate your colleagues for their commitment to advancing their healthcare careers:

- Sanford G. Duke, MD, MBA, FACHE
- Jennifer J. Giusti, FACHE
- Dawn M. Morton-Rias, EdD, FACHE
- Damien Scott, FACHE



If you are interested in learning how to become an ACHE Fellow, [click here](#) to view information on ACHE's website.

### We recognize the following members who recently recertified their Fellow status:

Charles T. Adams, FACHE	Col Barry S. Herrin, JD, FACHE	Daniel R. Tuffy, FACHE
DelRia T. Baisden, FACHE	Alan Horton, FACHE	Leslie B. Wiggins-Pettitway, FACHE
Karen L. Brown, FACHE	Allyson B. Keller, FACHE	Carmen R. Williams, FACHE
Charles R. Evans, FACHE	Pooja Mishra, FACHE	Dena P. Zinker, FACHE
Daniel P. Fisher, FACHE(R)	Paul A. Ortiz, FACHE	
Alex L. Hayman, FACHE	Bradley S. Rustan, MHA, FACHE(R)	

### GAHE welcomes the following new ACHE members who have joined the chapter since October 31. We hope to meet you soon.

Vincent Akinola	Jay K. Hickman, MBA, MSN, RN	Diane Rucker
Kathleen R. Corn	Loretta Hicks, MD	Andrea C. Smalling
Casey Crane	Steve Higgs	Jan Sweat, BS
Amy Davis	TERRY L. HOSCH	Leah K. Taylor
Gathline Etienne, MD	Ramona C. Lancaster-Epps, DNP, RN, APRN	Jacob N. Thomas, MD
Lisa Farmer, MBA, HCM	Luke Lenahan	Ladon Toole
Shivani Gandhi	Charles McNally	Samantha D. Walker, RN, BSN, MBA
LTC Damone Garner, MPA	Carmen Mindt, MBA, MHA	Stacy T. Young
Thomas O. Goss, Jr., MS, RN		Ximena Zalazar

**ACHE 2023 Congress:**

**Register for ACHE's 2023 Congress on Healthcare Leadership**

[Register today](#) for the 2022 Congress on Healthcare Leadership, March 28–31, at the Hyatt Regency Chicago.

This year's agenda has more than 150 education and networking sessions. Featured faculty for the 2023 Congress include:

- **Fareed Zakaria, PhD**, journalist/political commentator/author, CNN Worldwide—Opening Session: Parker B. Francis Distinguished Lecture.
- **Vin Gupta, MD**, senior principal scientist/CMO, new health initiatives, Amazon—Arthur C. Bachmeyer Memorial Address.
- **Amy Webb**, founder/CEO, Future Today Institute—Malcolm T. MacEachern Memorial Address.
- **Keller Rinaudo**, founder/CEO, Zipline—Hot Topic: The 4th Industrial Revolution.

Gain transparent perspectives and distilled essential updates on the top issues of the day from healthcare leaders and disruptors in retail, hospitality, and other industries. Get a data-driven understanding of current trends, explore actionable solutions, build new skills with targeted professional development, and make meaningful connections that expand your network—all in one place.



**Find New Opportunities With ACHE's Job Center**

Did you know you can apply for healthcare management positions quickly and easily with [ACHE's Job Center](#)? This member-exclusive resource allows you to search through more than 2,000 open positions across the U.S. based on preferences such as organization type, location and desired salary. We also have internships and fellowships available to help students and recent graduates navigate new opportunities. All members have the option of posting a resume to enhance their job search capabilities and gain more exposure to potential employers.

To provide additional value, the Job Center offers a Career Learning Center and On-Demand Content Library to help you enhance your resume and advance your career. To take advantage of these resources and more, visit [www.ache.org/career-resource-center/job-center](http://www.ache.org/career-resource-center/job-center).

**Renew Your ACHE Member Benefits in 2023**

Thank you for being an important part of the American College of Healthcare Executives community. You are among more than 48,000 healthcare leaders who make a difference in the field by advancing healthcare leadership excellence and keeping our communities safe and healthy. We look forward to continuing to deliver your member benefits in 2023. Renew your ACHE membership today and continue to gain access to exclusive member benefits while staying connected with your healthcare leader peers across the country.

Log in at [ache.org/Dues](http://ache.org/Dues) using your username and password. If you have forgotten your password, use the "Forgot Your Password?" feature to create a new one. You also can print a dues statement or receipt for reimbursement. For questions about your dues, contact our Customer Service Center at [contact@ache.org](mailto:contact@ache.org) or (312) 424-9400.

## Thank You to GAHE's 2022 Sponsors

### *Platinum Sponsor*



### *Gold Sponsor*



### *Silver Sponsor*



### **Find Out More About GAHE Sponsorship**

If your organization is interested in becoming a GAHE sponsor, visit our sponsorship page at <https://gahe.org/sponsors/> and learn more about sponsorship levels, benefits, and pricing.

Interested in sponsoring one of GAHE's webinars? Here are the fees for webinar sponsorships:

- Educational Webinar — \$500 for event sponsorship
- Leadership Series Webinar — \$1,000 for event sponsorship

**For more sponsorship information, please contact:**



**[sponsorship@gahe.org](mailto:sponsorship@gahe.org)**



## CONNECT WITH GAHE

GAHE is on social media – so remember to connect with us for the most up to date news and photos...

- Linked In: <https://www.linkedin.com/groups/12742794/>
- Twitter: @GAHEConnect -- [twitter.com/GAHEConnect](https://twitter.com/GAHEConnect)
- Facebook: [www.facebook.com/GAHEConnect](https://www.facebook.com/GAHEConnect)



## CALL FOR CONTENT

Content submissions to the GAHE newsletter are for reviewed for appropriateness by the Communications Committee. Please send your contributions, including articles, news, member accomplishments and photos to [bruce.lloyd@gahe.org](mailto:bruce.lloyd@gahe.org), no later than close of business by the 20th day of the last month of each quarter (March, June, September, December). Approved submissions made after this date will be placed into the next newsletter.

Please note that GAHE reserves the right to reject submissions that are not consistent with the goals and purposes of the organization. Articles that endorse or appear to endorse specific products, businesses, services, and are self-promotional or advertorial will not be accepted. Subjects that are appropriate deal with healthcare industry news (national and local), career management, leadership, mentoring, diversity and other professional topics. If you are not sure, please ask.

Articles submitted for the newsletter must be relevant to professional development or healthcare administration. Please format content in a Microsoft Word document, left justified, and be 1-2 pages in length. The content of the article must include: title; name of the author; the source the article was obtained from; full URL that links to the article (if applicable). Please submit photographs as email attachments in JPG file format. Please do not embed photographs in your article text. Provide name and affiliation of any person shown in photographs along with a brief caption. When using a reprint article, please provide credit to the author and/or obtain permission to use the article before submission.

GAHE reserves the right to edit, change or omit certain content (including photographs) because of length, style, relevance, or simply due to lack of space as deemed appropriate.