

Charles McDonough, MHA
Chief Executive Officer, Interim Healthcare of the Upstate

100 Pawleys Dr • Simpsonville, SC 29681 • 717.881.0802 • Charles.McDonough@interimcares.com



Charles McDonough is an experienced healthcare professional with vast experience in operational leadership and change management within post-acute systems, focusing on in-home care. He has dedicated his professional career on establishing industry-leading methodologies in post-acute operations, specializing in process and procedure optimization, expense reduction through lean management principles, and developing/implementing technical and operational care solutions. Charles currently oversees Interim Healthcare of the Upstate, a regional post-acute services provider, ensuring a high level of care that is both patient-centered and based on clinical best practices.

Prior to Interim, Charles served as the Senior Vice President of Home Health Operations for Graham Healthcare Group, an integrated home and community-based solutions provider across Illinois, Michigan, & Pennsylvania. Prior to Graham, Charles served as the Administrative Director for Wellspan Health, an integrated healthcare delivery system in South Central Pennsylvania

In 2015 Charles was featured in the Fall edition of the Remington Report for improving the cost of care while maintaining a high-quality level of care. Prior to this, Charles was a featured presenter on consumer driven models of care across the country for companies like Cerner Healthcare, Epic, the National Association of Home Care, and the Thomas Jefferson School for Population Health.

Charles graduated from The University of Lynchburg in 2007 with his Bachelor's in Business Administration where he played varsity basketball and earned his Master's Degree from Pennsylvania State University in Health Policy and Administration in December 2018. Charles is married to his wife Kimberly and the proud father of his beautiful three children Peyton, Liam, and Ian.